

GOOT Garlic oil ointment

A formula that will produce miracles -

Anti-infective/Anti-fungal/Anti-parasites Warm 3 tablespoons of Coconut oil over stove until melted and add 3 tablespoons of olive oil. Remove from heat and add 3 tablespoons of fresh chopped garlic. Blend at slow speed, then at high speed for 2 minutes. Use a blender or coffee grinder. Pour mixture through a screen to remove chunks of garlic that the blender may have missed. Pour into a wide mouth jar and label it "GOOT." Place in a refrigerator.

GOOT turns into a thick soft paste after 1 hour. GOOT, rubbed into the skin, transfers raw garlic oil directly into the blood stream. Apply on the feet of children or infants to fight infections. Rub on chest for chest colds, pneumonia or rub into nostrils for sinus infections. Apply directly to sores inside the mouth. Rub on Athlete's foot and genital area for jock itch. Insert GOOT into vagina or rectum for yeast or other related infections. Apply on rashes any place. Place on cotton swab for ear infections. GOOT kills Candida, parasites, bad bacteria and virus by direct application. In addition, it treats systemic infections by absorption through the skin into the blood supply and travels throughout the body. After two weeks, make a new batch of GOOT.

NOTE: You may add 2 dropper-fulls of oregano oil (and mix well) and several drops (depending on amount) of GSE (grapefruit seed extract) for extra strength and effectiveness before refrigeration.